

Undergraduate Requirements and GELS Course List (for students admitted before spring 2003)

This document includes the graduation requirements and the official list of Metropolitan State GELS courses for students admitted to the university from fall 1998 through fall 2002.

General Education Requirements

40 semester credits

All students must complete 40 semester credits distributed in the categories described below.

Liberal Studies Requirements

8 semester credits

All students must complete eight upper-division semester credits (the equivalent of 300-level or higher) selected from the general education core areas described below.

Summary of Credit Requirements

General education	40
Liberal studies	8
Major requirements	36 – 63*
Minimum free electives	13
Minimum total credits to graduate	120 to 124*

** Depends on major.*

Minimum upper division credits
40

Minimum credits completed at
Metropolitan State 30

Core Areas

Only courses numbered 399 or below and bearing three or more semester or quarter credits may be used to meet Core Area General Education requirements.

Communication

Writing (two courses)
For approved courses, see Goal I under 2003 GELS List.

Oral and Visual Communication

(one course)
For approved courses, see Goal I under 2003 GELS List. In addition, the following courses can be used:
Fren: all 100 and 200-level courses
Hmng: all 100 and 200-level courses
Span: all 100 and 200-level courses

Mathematics

For approved courses, see Goal IV under 2003 GELS List.

Natural and Physical Sciences

(one course)
Biol: all courses
Chem: all courses
Geol: all courses
NatH: all courses
Phys: all courses
Psyc 312 Research Methods

Psyc 343 Drugs and Behavior: An Introduction to Behavioral Pharmacology

Social and Behavioral Science

(two courses from two different disciplines) For approved courses, see Goal V under 2003 GELS List. However, students fulfilling the 1998 GELS may not use history to meet this requirement.

Humanities

(two courses from two different disciplines)
For approved courses, see Goal VI under 2003 GELS List. In addition, students fulfilling the 1998 GELS may use history to meet this requirement.

General Education and Liberal Studies Electives

Students who have completed the general education core areas and liberal studies may still need additional credits to bring the total to 48. Any course listed on the 2003 GELS list (*courses with asterisk (*) excluded*) may be used as electives.

Cultural Diversity and Global Awareness

Note: Students must complete one course in cultural diversity and a different course in global awareness. Only courses bearing three or more semester or quarter credits may be used to fulfill these two requirements. Courses meeting either of these requirements may also be used to fulfill other general education or major requirements. *Courses marked with an asterisk (*) do not fulfill general education or liberal studies requirements.*

Cultural Diversity in the United States (one course)

For approved courses, see Goal VII under 2003 GELS List. In addition, the following courses may be used:

Hmng: all courses

Span: all courses

Global Awareness (one course)

For approved courses, see Goal VIII under 2003 GELS List. In

addition, the following courses may be used:

Fren: all courses

Hmng: all courses

Span: all courses

Notes

- Students who have completed the Minnesota Transfer Curriculum since fall 1995, or who have earned an associate of arts (A.A.) degree from a Minnesota community college or state university since 1985, do not have to complete the general education requirements at Metropolitan State. However, students with this general education exemption must still meet the university's liberal studies requirements. This exemption does not apply to the A.S., A.A.S., or any other associate degrees.

- GELS requirements may be met by transfer courses or courses completed at Metropolitan State.

- Courses must be a minimum of three semester or quarter credits to meet the core

area, cultural diversity, global awareness and liberal studies requirements. This restriction does not apply to general education electives.

- Students with fewer than 16 credits must take METR 101 Your Academic Journey; all students transferring fewer than 30 semester credits will benefit from taking this course.

- Up to 12 credits used to meet major requirements or prerequisites may also be used to meet general education and liberal studies requirements.

- Liberal studies requirements may not be used to fulfill any other GELS requirements.

- Core area requirements may also be used to fulfill either cultural diversity or global awareness requirements.

- Some courses may be used as GELS electives but cannot be used to meet the core areas, liberal studies, cultural diversity and global awareness (see 2003 GELS course list).

General Education/Liberal Studies/ Minnesota Transfer Curriculum Requirements

Requirements for new students admitted spring 2003 or later.

Students admitted to Metropolitan State University must attend New Student Orientation. New students also must complete assessments in reading, writing and math before they can register for classes. Students who do not agree with the transfer evaluation of their general education course credits may appeal to the Admissions Office, in consultation with their advisors.

General Education/Liberal Studies/

Minnesota Transfer Curriculum (MnTC)—48 credits

The university's general education/liberal studies (GELS) requirements address the 10 goal areas of the Minnesota Transfer Curriculum. To complete general education, students must complete 40 credits addressing the 10 goal areas outlined below. To complete liberal studies, students must complete eight additional credits at the upper-division level (300-level or higher).

General Education Goals/MnTC (40 or more credits)

For additional information on each of the goal areas, go to [the Minnesota Transfer Curriculum website](#).

Goal I: Communication—Two writing courses—introductory and intermediate writing (6 or more credits).

One oral or visual communication course (3 or more credits).

Note: Students placing at the intermediate level on the university's writing assessment are required to complete intermediate-level writing only.

Goal II: Higher Order Thinking—Students who complete the university's general education requirements will have met this goal.

Goal III: Natural Sciences—At least one course including a laboratory, simulation or field experience (3 or more credits).

Goal IV: Mathematical/Logical Reasoning—see GELS course list (3 or more credits). *Note: This requirement is waived for students placing above the college algebra level on the university's higher level math assessment.*

Goal V: History and the Social and Behavioral Sciences—At least two courses from two different disciplines (6 or more credits).

Goal VI: Humanities and the Fine Arts—At least two courses from two different disciplines (6 or more credits).

Goal VII: Human Diversity in the U.S. (3 or more credits).

Goal VIII: Global Awareness (3 or more credits).

Goal IX: Ethical and Civic Responsibility (3 or more credits).

Goal X: People and the Environment (3 or more credits).

Liberal Studies (8 or more credits)

All students must complete eight upper-division semester credits (300-level or higher) from the approved GELS course list. Courses marked with an asterisk (*) do not fulfill liberal studies requirements.

GELS Electives

Students who have completed the general education goal areas and liberal studies requirements may still need additional credits to bring the total to 48. Any course listed for Goals I–X (courses marked with an asterisk [*] are excluded) may be used as electives.

Overlap

A single course may be used to meet a maximum of two goal areas; this rule does not apply to the Liberal Studies requirement where courses may overlap with one or two goal areas.

Summary of Graduation Requirements

General education	40
Liberal studies	8
Major requirements	36–63 *
Minimum free electives	13

Minimum total credits to graduate 120–124 *

**Depends on major*

Minimum upper-division credits 40

Minimum credits completed at Metropolitan State 30

Notes

- Students who have completed the Minnesota Transfer Curriculum since fall 1995, or who have earned an associate of arts (A.A.) degree from a Minnesota community college or state university, do not need to complete general education requirements at Metropolitan State. However, these students must meet the university's liberal studies requirement. This exemption does not apply to the A.S., A.A.S. or other associate degrees.
- GELS requirements may be met by transfer courses or by courses completed at Metropolitan State.
- Courses approved for a goal area at another MnSCU institution will apply to the same goal area at Metropolitan State.
- Students with fewer than 16 credits must take METR 101: Your Academic Journey; all students with fewer than 30 credits may benefit from this course as well.

2003 General Education and Liberal Studies Course List

Spring 2003 GELS

This is the official list of Metropolitan State University courses that meet the General Education and Liberal Studies (GELS) requirements for all students admitted to the university spring 2003 and after. To meet General Education requirements, students must complete each of the ten Goal Areas and complete 48 unduplicated credits. Eight of the 48 credits must be upper division to fulfill Liberal Studies requirements.

Notes:

1. Courses meeting Goals I–IV must be numbered 399 or below.
2. Only courses worth two or more semester credits can be used to meet any general education requirements.
3. Asterisked (*) courses can be used to meet general education Goal Area requirements, but cannot be used as electives or liberal studies.

4. After fulfilling the requirements for the ten goal areas, students who have not yet completed 48 credits may use any of the courses listed (except those asterisked) as electives.

5. If listed in two goal areas, a general education course may be used to meet both goal areas. These credits will be counted only once toward meeting the total credit requirement of 48 credits.

6. An unlimited number of credits can be used to meet both GELS and major requirements. For purposes of meeting overall graduation requirements, these credits will be counted only once.

Goal I: Communication **Writing** (two courses, six or more credits. Students placing at the intermediate level are exempt from the first course requirement.)

First course—one of the following:

Writ 121 Intensive Writing 1

Writ 131 Writing I

Writ 132 Written and Visual Communication

Second course—one of the following:

Writ 231 Writing II

WmnS 231 Writing II: Gender and Writing

Writ 261 Business Writing

Writ 271 Technical Writing

Writ 331 Writing in your Major

Oral and Visual Communication (three or more credits)

Comm 103 Public Speaking

Comm 201 Storytelling

Comm 231 Interpersonal Communication

Comm 331 Interpersonal Communication for the Helping Professions

Comm 341 Family Communication	Biol 101 Introduction to Life Sciences	Phys 111 General Physics I
Comm 351 Communication in Work Groups	Biol 105 Human Biology	Psyc 312 Research Methods
Comm 352 Organizational Communication	Biol 106 Biology of Women	Psyc 345 Biopsychology
Comm 361 Managerial Communication	Biol 111 General Biology I	Goal IV: Mathematical/Logical Reasoning (three or more credits)
Ling 111 Vocabulary Study	Biol 112 General Biology II	
MdSt 361 Visual Communication	Chem 102 Introduction to Chemistry	Math 110 Math for the Liberal Arts
Rdng 112 The Educated Reader: Analytical Reading	Chem 111 General Chemistry I	Math 115 College Algebra
	Chem 112 General Chemistry II	Math 120 Precalculus
Thea 246 Topics in Performance	Chem 151 Chemistry, Society and the Environment	Math: any course, 200-level or higher
Thea 331 Voice: Speaking from Experience	Geol 101 Introduction to Geology	Phil 204 Introduction to Symbolic Logic
Thea 345 Theater Arts: Acting Off Stage and On	Geol 110 Introduction to Earth Sciences	Stat 201 Statistics I
Goal II: Higher Order Thinking Students who complete the university's general education requirements will have met this goal.	NatH 201 Nature Study	Goal V: History and the Social and Behavioral Sciences (from two or more disciplines, six or more credits)
	NatH 202 Minnesota Lake Ecology	
	NatH 203 Plants and Human Affairs	
	NatH 204 Environmental Science	
Goal III: Natural Sciences <i>(three or more credits including a laboratory; all classes on this list include a laboratory)</i>	Phys 101 Introduction to Astronomy	Anth: all courses 100–399
	Phys 105 Introduction to Atmospheric Science	Anth 325/WmnS 325 Women, Development and Social Change
	Phys 110 Introduction to Physics	CJS 101 Introduction to Criminal Justice
		CJS 340 Comparative Criminal Justice

CJS 360 Diversity Issues in Criminal Justice Econ: all courses 100–399

EthS 303 Politics of Resistance and Protest Movements

EthS 304 Race and Ethnicity: Environmental Justice and Public Policy

EthS 305 Major Issues in U.S. Race Relations

EthS 306 Politics of Mixed Racial Identity

EthS 309 The Color of Public Policy

EthS 310 Cross-cultural Issues in Organizations

EthS 313 Theories of International Development

EthS 332 Topics in Contemporary Native North America

Geog: all courses 100–399

Hist: all courses 100–399

HSer 300 Violence: Origins and Explanations

HSer 301 Violence: Individual, Community and Global Responses

HSFS 143 The Family: A Social/Psychological Exploration

HSFS 338 Family: Racial, Gender and Class

Dimensions

HSFS 339 Issues and Actions in Family Policy

HSFS 341 Work and Family

HSFS 342 Children in U.S. Society

HSSG 374 Aging in America: A Personal Challenge

IDST 330 Women in Math, Science and Technology

Ling 316 The Nature of Language

Ling 326 Language and Culture

Ling 327 Language and Society

Ling 346 Language and Gender Pol: all courses 100–399

Psyc: Psyc 100 General Psychology and all courses 200–399, except Psyc 312 Research Methods, Psyc 314 Group Dynamics and Facilitation, Psyc 345 Biopsychology

SSci: all courses 100–399

Soc: all courses 100–399

WmnS 340 Women's Health

WmnS 345 Economics of Diversity

Goal VI: Humanities and the Fine Arts (from two or more disciplines, six or more

credits) Arts: all courses 100–399

Comm 200 Creating Change Through CWA

CJS 375 Criminal Justice Ethics

EthS 100 Introduction to Ethnic Studies

EthS 200 Theories of Race, Ethnicity and Culture

EthS 250 Introduction to Chicano Studies

EthS 302 Immigration and the New World

EthS 311 Understanding Racial and Ethnic Groups in the United States

EthS 342 Contemporary Perspectives on African-American Community

EthS 352 Chicanismo Culture and Values

EthS 361 History of Asian Americans

Hum: all courses 100–399

ImdA: all courses 100–399

Lit: all courses 100–399

MdSt 330 Topics in Film Studies

MdSt 370 Contemporary Cinema

MdSt 371 American Films: Traditions and Trends

Musc: all courses 100–399

Phil: all courses 100–399, except Phil 204 Introduction to Symbolic Logic

RelS: all courses 100–399

Scrw 313 Beginning Screenwriting

Thea: all courses except Thea 331 Voice: Speaking From Experience, Thea 345 Acting Off Stage and On, Thea 346 Topics in Performance

WmnS 201 Introduction to Women's Studies WmnS 270 Gender, Race and Popular Culture WmnS 312 Women Writers

Goal VII: Human

Diversity in the United

States (three or more credits)

Anth 308 Archeology: Explaining the Past

Anth 309 New Neighbors: The U.S. Hmong Community

Comm 233 Introduction to Intercultural Communication

CJS 360 Diversity Issues in Criminal Justice

Econ 315 Economics of Diversity

EthS: all courses except

EthS 313: Theories of International Development,

EthS 380: Special Topics in

Ethnic Studies and EthS 400:

Applied Research for Social Change

Hist 304 U.S.

Economic Life: Working

People

Hist 309 Women and

Public Activism

Hist 310 American

Indian History

Hist 311 African-American

History

Hist 312 Beginnings

of American Society:

Colonial and Revolutionary History

Hist 315 Civil Rights

Movement in the 1960s

Hist 320 History of

Asian Americans

Hist 328 Women in

Modern U.S. History, 1870–1970

Hist 329 Legacies: A

History of Women and the Family

Hist 334 The Great

Depression of the 1930s

Hist 336 The

American Half Century

Hist 342 The Sixties

Experience

HSFS 341 Work and Family

HSFS 342 Children in U.S.

Society

IDST 330 Women in Math,

Science and Technology

Ling 327 Language

and Society

Ling 346 Language

and Gender

Lit 312 Women Writers

Lit 313 Minnesota Women

in Literature and the Arts

Lit 314 Women Writers

and a Feminist Critique

Lit 342 American Literature

II: 1870–Present

Lit 361 African-American

Literature

Lit 362 Black Women

Writers

Lit 363 American Indian

Literature

Lit 367 Scandinavian

Immigrants in Literature

Mgmt 360 Managing a

Diverse Workforce *

Phil 306 Philosophy and

Sexuality

Phil 362 African and African-American Philosophy
 Phil 365 An Introduction to Gay, Lesbian, Bisexual and Transgender Studies
 Phil 366 Race and Racism: Philosophical Problems
 Pol 309 Color of Public Policy
 Pol 332 Women and the Law
 Pol 343 Perspectives on Community Development
 Psyc 212 Introduction to Diversity and Ethics in Psychology
 Psyc 328 Psychology of African Americans
 Psyc 356 Early Childhood Development within a Social, Cultural and Historical Context

Goal VIII: Global Awareness (three or more credits)

Anth 301 Approaches to Cultural Anthropology
 Anth 302 Gender and Culture
 Anth 304 Anthropology of Religion

Anth 320 Anthropology in the Global Age
 Anth 321 Cultural Anthropology: Focus on Mexico and Central America
 Anth 325/WmnsS 325 Women, Development and Social Change
 CJS 340 Comparative Criminal Justice
 Comm 333 Intercultural Communication
 Econ 314 International and Comparative Economics
 Fren: all 300-level courses
 Hist 120 The Chinese World
 Hist 121 Modern Asia
 Hist 341 The Vietnam War
 Hist 351 Europe: the Global Power, 1789–Present
 Hist 354 History of the Holocaust
 Hist 362 Africa: From Colonialism to Independence
 Hist 370 Behind the Great Wall: The Real China
 Hist 371 Understanding Japan Today
 Hist 372 History of Japanese Popular Culture
 Hist 380 Mexico, Central America and the Caribbean

Hist 382 Latin American History I
 Hist 394 Comparative Women's History
 HRM 585 International Human Resource Management*
 Hum 316 Romanticism
 Hum 317 Modernism
 IBus 311 International Business*
 IDST 332 Conversations on Contemporary China
 Ling 316 The Nature of Language
 Ling 326 Language and Culture
 Lit 372 English Literature: 1800–Present
 Mktg 480 International Marketing*
 Phil 361 Eastern Philosophy
 Pol 303 Ethnic Conflict in Global Perspective
 Pol 304 Social Movements in Global Perspective
 Pol 321 World Politics
 RelS 304 Introduction to World Religions

RelS 305 The Jewish/Christian Encounter
RelS 308 World of Islam
Soc 303 Ethnic Conflict in Global Perspective
Soc 304 Social Movements in Global Perspective
Span: all 300 level courses
WmnS 340 Women's Health
WmnS 401 Feminist Theory

Goal IX: Ethical and Civic Responsibility (three or more credits)

Arts 200 Creating Change Through CWA

Comm 200 Creating Change Through CWA

EthS 309 The Color of Public Policy

Hist 331 Religion and Politics in America

IDST 321 Human Rights and the Educated Citizen

Phil 301 Ethical Inquiry

Phil 320 Business Ethics

Phil 321 Medical Ethics

Phil 327 Ethics in the Information Age

Phil 352 Ethics Beyond Borders

Phil 385 Philosophy on the Front Page

Pol 101 Introduction to American Government and Politics

Pol 301 Citizenship in Global Context

Pol 302 Political Ideas

Pol 305 Elections and Political Parties

Pol 311 Community

Organizing and Social Action

Pol 333 Constitutional Law: Civil Rights and Civil Liberties

Pol 342 Lobbying: A Citizen's Guide to the Legislative

Process

Pol 381T Community

Leadership Theory Seminar

Soc 302 Interpersonal and Social Power: A View from

Below

Soc 309 Homelessness:

Critical Issues for Policy and Practice

Soc 310 City Life: Sociological

Perspectives on Urban Community

Soc 311 Community

Organizing and Social Action

Goal X: People and the Environment (three or more credits)

Anth 101 Human Origins.

Chem 151 Chemistry, Society and the Environment

Econ 311 Economics of the Environment

EthS 304 Environmental Justice and Public Policy

Geog 201 Introduction to Geography

Hist 333 The Greening of America: Environmental History Since WW II

Hist 363 World Environmental History

IDST 350 The Art of Freshwater Fishing

Lit 349 American Nature Writers

NatH 201 Nature Study

NatH 202 Minnesota Lake Ecology

NatH 203 Plants and Human Affairs

NatH 204 Environmental Science

Phys 105 Introduction to Atmospheric Science

Writ 575 Environmental Communications

General Education and Liberal Studies Electives
The following courses will not meet Goal Area requirements, but can be used as General Education electives to meet the 48 credit requirement. Courses numbered 300 or above may be used for the Liberal Studies requirement.

Any course listed for Goals IX (courses with an asterisk [*] are excluded) may be used as electives. Additionally, the following list of courses may also be used:

Comm 481 Communication Ethics

Fren: all 100 level courses

Hmng: all 100 level courses

ICS 100 Computer Literacy

ICS 120 Microcomputer Applications

ICS 125 Understanding and Using the Internet

InfS 115 Information Access

InfS 315 Searching for Information

InfS 316 Evaluating Information

InfS 335 Best Books for Young Adult Internship

InfS 338 The Craft and Commerce of Book Publishing

Ling 547 History of English Language

MdSt 580 Issues in Communication Technology

Metr 101 Your Academic Journey

MIS 100 Fundamentals of Information Technology in Organizations

Prsp 301 Perspectives: Educational Philosophy and Planning

Scrw: all courses

Span: all 100 level courses

WmnS 401 Theories of Feminism

WmnS 451 American Women's Movements

Writ: all courses